

Indiana Healthcare Associated Infection Initiative

HAND HYGIENE IN-SERVICE EVENT TEMPLATE

The following template is intended to help you plan and carry out a hand hygiene in-service event for your facility or unit. You may adjust the activities and timeline to fit your needs – or develop your own. Please elaborate on each handout – talk with your staff about how to implement this initiative in your facility. Share the facts they may not know.

- 8:00 am Welcome (5 minutes)
- Introduce topic of the day – Note that while everyone already knows how to wash their hands and has likely experienced a similar training prior, hand hygiene is a critical factor in preventing the spread of infections.
 - Use hand hygiene questions from Knowledge Questionnaire for quiz or game. Small prizes like candy/silly bands are good motivators.
 - Consider introducing your current/baseline Hand Hygiene Observation data. Is hand hygiene only being observed 80% of the time? This makes for a good base of information about how your facility is really performing.
- 8:05 am Technique (10 minutes)
- View CDC/WHO or other hand washing video
 - Review WHO 5 Moments
 - Review and have everyone practice CDC/WHO hand washing or hand rubbing technique (use a watch or clock to time the procedure – many times people think they are washing/rubbing for long enough, but aren't)**
- 8:10 am Review your facility AIM strategy from Learning Session #1 with attendees (5 minutes)
- Introduce any games or prizes you have developed around hand hygiene strategies
- 8:15 am Facilitate Discovery and Action Dialogue about Hand Hygiene (Cultural Change Activity from document -10 minutes)
- How can we make these strategies work?
 - What do you need to support these strategies and change?
 - What else can we do?
 - Debrief discussion
- 8:30 am Adjourn

**Consider adding a glo-germ type activity if your budget allows. A typical kit costs about \$37 and contains materials for approximately 50 demonstrations.